

# ZIKA VIRUS

What we all need to know?

Zika virus spreads to people primarily through the bite of an infected *Aedes* species mosquito (*Ae. aegypti* and *Ae. Albopictus*). Zika Virus is linked to microcephaly ( rare neurological condition in which child's head is smaller than average).



*Ae. Albopictus*, a mosquito species found in West Virginia, can transmit Zika.

## How do we get Zika?

- Mosquitoes
- Mother to fetus during pregnancy
- Sexual transmission

## What are the symptoms?

Many people infected with Zika virus won't have symptoms or will only have mild symptoms.

- Fever
- Conjunctivitis
- Muscle pain
- Rash
- Joint pain
- Headache

## How can we protect ourselves?

- Avoid mosquito bites/ Use mosquito nets.
- Wear long sleeved shirts and long pants.
- Avoid travel to Zika places during pregnancy.
- Use EPA registered insect repellent containing DEET, picaridin or IR3535.
- Take steps to control mosquitoes inside and outside your home.

NO VACCINES/  
MEDICINES FOR ZIKA  
VIRUS

PLEASE CONTACT YOUR  
HEALTHCARE PROVIDER IF  
YOU OR SOMEONE YOU  
KNOW DEVELOPS SYMPTOMS  
OF ZIKA.

